

Performance Task Template

Performance task name - Grade 12 UVA and UVB Safety

1. Which state Health Standard(s) does this performance task address?

2. Topic

What areas of health does this project assess?

- Personal health

Why is it important?

- 11% of 12th grade females use 15 SFP most of the time²
- 6.1% of 12th grade males use 15 SPF most of the time²
- 33.7% of 12th grade females used an indoor tanning device.²
- 10% of 12th grade males used an indoor tanning device.²
- 15% of girls stayed in the shade, wore long pants, wore a long-sleeved shirt, or wore a hat that shaded their face, ears, and neck.³
- 20.5% of girls stayed in the shade, wore long pants, wore a long-sleeved shirt, or wore a hat that shaded their face, ears, and neck.³

What is the focus of the project?

- The focus of the project is to increase student use of UVA and UVB safety strategies.
-

3. Key Concepts *What basic concepts do students need to know?*

1.12.5 Propose ways to reduce or prevent injuries and health problems.

4. Skills *Which of the seven NHES skills does this performance task address?*

8.12.2 Demonstrate how to influence and support others to make positive health choices.

5. Curricular connections *What other subject areas does this project support?*

- Biology
 - English Language Arts
 - Physical education
-

1

CCSSO~SCASS Health Education Project. (2006). *Assessment Tools for School Health Education, Pre-service and In-service edition*. Santa Cruz, CA: ToucanEd Inc.

Mary Connolly, Health Education Consultant

www.thecoordinateschoolhealth.com

6. Student Directions and Assessment Criteria

A. Project Description *Write/attach an engaging prompt that draws the student into the project.*

You and your friends spend a lot of time in the sun. Use of tanning salons is also very popular, especially before the prom.

In health class, you learned the dangers of UVA and UVB exposure. The teacher also demonstrated safety strategies but few teens practice them.

B. Your Challenge *Provide a challenge or mission statement that describes the project.*

Your challenge is to motivate your peers to protect themselves from the UVB and UVA radiation.

C. Assessment Criteria

You are assessed on the following key concepts. (List the concepts)

1.12.5 Propose strategies to reduce or prevent injuries and health problems that result from UVB and UVA exposure

- Seek shade
 - Cover up
 - Wear a hat
 - Wear sunglasses
 - Apply sunscreen ¹
 - Do not use indoor tanning devices
-

You are assessed on the following skills. (List the skills)

8.12.2 Demonstrate how to influence and support others to make positive health choices such as using safety strategies to avoid UVB and UVA exposure.

- Design one PSA about a UVA and UVB safety strategy.
 - Design one PSA poster about UVA and UVB safety.
 - Design six buttons that influence and support others to make a positive health choice about UVA and UVB safety.
-

You must include the following. (List the project components)

- Write one public service announcement for each safety strategy (6 total). (PI 1.12.5)
 - To influence and support others to make positive health choices about using safety strategies (PI 8.12.2)
 - Broadcast one PSA about a UVA and UVB safety strategy.
 - Display one PSA poster about UVA and UVB safety.
 - Distribute six buttons that influence and support others to make a positive health choice about UVA and UVB safety.
-

D. Project Options Present students with project options (alphabetical list or skills list)

There are no options for this performance task

1. Centers for Disease Control and Prevention. (2010, August 5). *Protecting Children from the Sun*. Retrieved October 1, 2010, from Skin Cancer - Protecting Children from the Sun: http://www.cdc.gov/cancer/skin/basic_info/children.htm
2. Centers for Disease Control and Prevention. (2010). *Surveillance Summaries, #59*. Retrieved from MMWR.
3. Eaton DK, K. L. (2005). *Youth risk behavior surveillance-United States*. Retrieved October 1, 2010, from Sun-Protective Behavior Rates: <http://www.cdc.gov/cancer/skin/statistics/behavior.htm>
Federal Trade Commission. (2006, May). *Federal Trade Commission, Protecting America's Consumers*. Retrieved January 22, 2009, from Social Networking Sites: Safety Tips for Tweens and Teens: www.ftc.gov/bcp/edu/pubs/consumer/tech/tec14.shtm. p1-108

